

The  
KITCHEN HANDBOOK

Nearly One Hundred  
Original Recipes

Kathleen's  
KITCHEN

Nov. 1st 1764

*Dinner*  
MENU

FAMILY

to be refused  
Small Beer

A 12.5% service charge will be applied to your final bill.

Rules to be observed by the Marquis of Kildare

He must carefully see, that the plate be well Washed that all the grease be washed off and 2nd to have warm water ready with a Brush for that purpose spoons and forks are to be washed in the same careful not to have any of the Table Knives or D water, as it loosens the blades.

When there is grease on the Handles of the Table little more warm water got with a brush and a knives are scoured, holding two of them at a time in the soap and water very fast, and to wipe the whitened. All Plate whatsoever that is smeared very well in warm water with a Brush and Soap, before it is whitened. He must take care to h

Nothing to be put off till tomorrow done today. The Clerk who resides at follow his Directions in every thing and or lose time, if he does, those mentioned to be acquainted with it.

No waste to be allowed or anything to want of care, and to act as if it was for way to perform and get everything proper to be regular and not to do any thing but World may know it, for once that any that Lord or Lady Kildare is not acquainted with should be displeased if known, he in the power of others, and then all such and not to be got again.

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CALVIN NOVEMBER 1758

The  
KITCHEN HANDBOOK  
WELCOME  
Original Recipes

Located in the old servant's kitchens, the setting retains many original features - including the vast cast iron stoves of the 1700s - which give the restaurant it's unique character.

With all of this and much, much more - the food was sourced organically and much of the produce was from local markets, from cheeses and charcuterie to fresh handmade pasta and organic sourdough. Kathleen's Kitchen invites you to explore its varied delights, and perhaps discover something new.

This was once a place of bustling activity, controlled chaos and unrivalled culinary skill.



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# SUPPLIERS

## The KITCHEN HANDBOOK

Nearly One Hundred Original Recipes

**Herbs**  
 Little Cress Microgreens,  
 County Meath

**Meat**  
 John Stone,  
 County Longford

**Poultry**  
 Feighcullen Farm,  
 County Kildare



**Fish**  
 Wright's of Marino, County Dublin  
 Kishfish, County Dublin

**Vegetables**  
 Iona Farm, County Dublin  
 Keelings Fruit & Vegetables,  
 County Dublin

**Meat**  
 McLoughlin's Butchers,  
 County Dublin

**Dry goods, dairy, cheese**  
 La Rouse Foods,  
 County Dublin

All of our beef is 100% Irish



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## LIGHT BITES

Ballymakenny Potato and leek soup v 15  
crème fraiche & Guinness bread

Kathleen's bread basket 9  
focaccia, batch bread, Guinness bread with salsa verde and Glenilen  
butter

Galway Bay oyster GF 4,5 each  
mignonette, tabasco and lemon

## SMALL PLATES

Ardsallagh goats cheese and Iona Farm beetroot salad v 19

High Bank balsamic glaze, amaretto  
and walnut crumble

Chilled tomato gazpacho 18  
soup PB, GF

avocado mousse, cucumber and  
tomato salsa

McLoughlin's chicken liver pate 22

mixed berry compote, mixed berry  
coulis, crushed hazelnuts and  
toasted brioche

Pan seared octopus 22

burnt cauliflower, confit tomato,  
lump fish roe, salsa verde and n'duja

## CHARCUTERIE BOARD

Freshly sliced, thinly on our Berkel

Irish coppa  
3 months aged shoulder of free  
range pork

Parma ham  
24 months aged rear haunches of  
the pig

Bresaola  
3 months aged beef from the  
Lombardy region of the Italian Alps

Irish fennel salami  
5 months aged free range pork

Chorizo  
2 months aged made from 3  
ingredients pork, smoked paprika and  
garlic

18 per 50g



WELSH BREWERY SOCIETY

# LARGE PLATES

John Stone beef fillet *GF* 48

8oz beef fillet, watercress, fondant potato, caramelised shallot puree and Kathleen's red wine sauce

Kilmore Quay cod 39

creamy butter beans, asparagus, lump fish roe, brown butter crumb

Curried cauliflower steak *PB, GF* 31

chickpea hummus, tomato salsa and salsa verde



## Chef's Favorite

Pan seared Skeaghanore duck breast 46  
Iona Farm carrot puree, carrots, orange, duck sauce and kale

	<i>150ml</i>	<i>750ml</i>
<i>La Mascota, Mascota Vineyards - Mendoza, Argentina</i>	13	62

Pan seared Feighcullen Farm chicken supreme 36

potato gnocchi, peas, heirloom tomato, chicken & butter emulsion sauce

Pan seared Kilmore Quay black sole *GF* 52

wilted spinach, brown shrimp, butter and capers

Pat McLoughlin's braised lamb neck *GF* 42

pea puree, peas, crème fraiche and mashed potatoes



THE MOUNTAIN LODGE RESTAURANT

## SIDES

Kathleen's mash potatoes ✓  
Glenilen Farm butter

Skinny fries PB

Iona Farm buttered seasonal green vegetables ✓

Heirloom tomato salad PB  
olive crumb and pickled shallot

## DESSERTS

Lemon verbena pannacotta 14  
strawberry compote and lemon biscuit

Fruit of the forest bakewell GF 14  
raspberry sorbet and almond crunch

Blueberry cake PB, GF 14  
blueberry coulis, fresh blueberries

Black forest dome 14  
chocolate and cherry sauce, vanilla ice cream

Kathleen's Kitchen cheese board 20  
Délice de Bourgogne, Durrus, Cashel Blue and Knockanore cheddar, lavosh,  
crackers and homemade chutney

*PB - Plant Based, GF - Gluten Free, V - Vegetarian*

*Allow us to fulfill your needs – please let one of our wait staff know if you have any special dietary requirements, food allergies or food intolerances.*

*We also have an allergen matrix available via this QR Code*



# WHITE WINE

Alentejo, Quinta da Fonte Souto 87  
Alentejo, Portugal - *Arinto, Verdelho*

Chablis, Domaine Laroche 105  
Burgundy, France - *Chardonnay*

Châteauneuf-du-Pape, Clos de l'Oratoire des Papes 195  
Rhône Valley, France - *Roussanne, Grenache Blanc*

Chavignole, Sancerre, Domaine Paul Thomas 95  
Loire Valley, France - *Sauvignon Blanc*

Clarendelle, Domaine Clarence Dillon 75  
Bordeaux, France - *Sauvignon Blanc, Sémillon, Muscadelle*

Côtes du Rhône, Olivier Ravoire 13 | 61  
Rhône Valley, France - *Viognier, Grenache, Clairette*

En Chenèves, Givry, Domaine Desvignes 125  
Burgundy, France - *Chardonnay*

Escapada, Casa Santos Lima 10 | 46  
Vinho Verde, Portugal - *Loureiro, Trajadura*

Laroche de la Chevalière 12.5 | 52  
Pays D'Oc, France - *Chardonnay*

Outer Limits, Montes 82  
Aconcagua, Chile - *Sauvignon Blanc*

Piedra del mar, Bodegas Terras Gauda 69  
Rias Baixas, Spain - *Albariño*

Pinot Grigio, Colle del Principe 11.5 | 55  
Veneto, Italy - *Pinot Grigio*

Sauvignon Blanc, Domaine Saint Marc 11 | 49  
Pays D'Oc, France - *Sauvignon Blanc*

Vintages, Dreissigacker 95  
Rheinhessen, Germany - *Riesling*



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150 ml | 1750 ml  
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# RED WINE

Agiorgitiko, Kanakaris 75  
Péloponnèse, Greece - *Agiorgitiko*

O Font, Les Deux Cols 15.5 | 69  
Rhône Valley, France - *Syrah, Grenache, Cinsault*

Châteauneuf-du-Pape, Clos de l'Oratoire des Papes 195  
Rhône Valley, France - *Syrah, Grenache*

Chianti Rùfina Riserva, Castello Nipozzano 87  
Tuscany, Italy - *Sangiovese*

Farnio Rosso Piceno, Garofoli 12.5 | 59  
Marche, Italy - *Sangiovese, Montepulciano*

La Mascota, Mascota Vineyards 13 | 62  
Mendoza, Argentina - *Malbec*

Petit Corbin- Despagne, Saint Emilion, Château Corbin- Despagne 95  
Bordeaux, France - *Cabernet Sauvignon, Cabernet Franc, Merlot*

Reserve Saint Marc, Foncalieu 11.5 | 49  
Pays D'Oc, France - *Merlot*

Roda Reserva, Bodegas Roda 125  
Rioja, Spain - *Garnacha*

Saint-Estèphe, Château Ormes de Pez 145  
Bordeaux, France - *Merlot, Cabernet Sauvignon, Cabernet Franc*

Septembre, Edouard Delaunay 105  
Burgundy, France - *Pinot Noir*

Viña Hermosa Crianza, Santalba 12 | 54  
Rioja, Spain - *Tempranillo*

Whole Bunch, Gabriëlskloof 82  
Cape, South Africa - *Syrah*



## SPARKLING

Perlage Spumante Brut Canah, DOCG 13.5 | 75  
Veneto, Italy

Laurent Perrier, NV 26 | 130  
Champagne, France

Laurent Perrier Rosé, NV 35 | 185  
Champagne, France

## ROSÉ WINE

Côtes de Provence Rosé, Château Sainte Croix 13 | 58  
Provence, France - *Cinsault, Syrah, Cabernet Sauvignon*

Clos Mireille, Domaines Ott 115  
Provence, France - *Cinsault, Grenache, Syrah*

## NON-ALCOHOLIC WINE

Bon Voyage, Red 38  
Vin de France, France - Cabernet Sauvignon

Bon Voyage, White 38  
Puligny-Montrachet, France - Sauvignon Blanc

Domaine de la Prade, OddBird, Sparkling 9 | 45  
Veneto, Italy

## COFFEE

Espresso 4.7

Double espresso 5.2

Cappuccino 5.7

Latte 5.7

Flat white 5.7

Hot chocolate 5.7

## TEA & INFUSION

Loose leaf Ronnefeldt tea 5.2  
Irish breakfast Tea,  
Darjeeling, Earl Grey,  
Green Dragon or Morentau

Loose leaf Ronnefeldt 5.2  
herbal infusion  
Camomile, Mint, Herbs  
& Ginger or Rooibos Vanilla

*At Carton House, our coffee beans and tea leaves are 100% ethically farmed and sustainable from the world's best regions.*



## DRAUGHT

Carlsberg 4.8 | 8.9  
Denmark

Citra IPA 5.1 | 9.2  
Ireland

Guinness 4.8 | 8.8  
Ireland

Poretta 5.1 | 9.2  
Italy

Hop House 13 4.8 | 8.9  
Ireland

Peroni 5.1 | 9.2  
Italy

Rockshore Cider 4.8 | 8.9  
Ireland

Smithwick's 4.8 | 8.9  
Ireland

## BOTTLED BEER & CIDER

330 ml | 500 ml

Bulmers Cider 7.4  
County Tipperary

Corona 7.4  
Mexico

Foxes Rock Lager 7.4  
(gluten free)  
County Louth

Foxes Rock IPA 7.4  
County Louth

Peroni 7.6  
(gluten free)  
Italy

Rye River Big Bangin' 8.5  
Double IPA  
County Kildare

## NON-ALCOHOLIC BEER

330 ml

Erdinger 0.0 8  
Germany

Heineken 0.0 7.5  
Netherlands

## SOFT DRINKS

200 ml

Soft drinks 4.8

Carton House lemonade 5.4  
Pink or cloudy

## MINERAL WATER

330 ml | 750 ml

Still water 4 | 8

Sparkling water 4 | 8

*Additional extensive drinks menu available upon request*

