



Carton House  
HOTEL · GOLF · LEISURE

## **Executive Buffet Lunch** **€25 per person**

### **Monday and Thursday**

#### **Soup**

Green pea & new potato soup

#### **Salads**

Fresh watermelon mixed fruit salad  
Rocket, shaved baby carrots, roasted corn and smoked onion  
Spinach, pear, mango, sprout, red pepper and bacon salad

#### **Artisanal Bread, Charcuterie & Cheese Station**

Freshly baked artisanal breads including  
gluten free bread selection & a selection of fillings including  
a selection of cured meats & Irish cheeses

#### **Mains**

Baked lemon sole with a white wine caper sauce  
Tropical spiced chicken over caramelized onion hummus  
Grilled pineapple and crispy breaded pork steaks

#### **Vegetables**

Sea salt crusted new season baby potatoes  
Summer broccoli, green beans tossed in butter  
Spinach and mixed vegetable quinoa

#### **Dessert**

Pineapple upside down cake served with our Pastry Chef's daily assiette selection

**\*All buffets include tea and coffee service\***

*Please note whilst every care is taken to remove bones where appropriate, we urge you to take particular care when eating any fish. Some items may contain nuts or nut derivatives and/or shellfish, gluten or dairy products. Carton House will not knowingly sell any food required to be labelled as containing GM.*

***Please make a member of staff aware if you have any sensitivity to any ingredients or food allergies***



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## **Tuesday and Friday**

### **Soup**

Fresh tomato and basil soup

### **Salads**

Cos lettuce, quinoa, butter nut squash and toasted pumpkin seed

Lentil, grape and apple

Blanched kale salad with cucumber raita

### **Artisanal Bread, Charcuterie & Cheese Station**

Freshly baked artisanal breads including  
gluten free bread selection & a selection of fillings including  
a selection of cured meats & Irish cheeses

### **Mains**

Pineapple braised pork cutlets with caramelized onions

Fish tacos, with chipotle sauce

Oven bake cottage pie topped with melted cheddar

### **Vegetables**

Baked apple and cabbage colcannon

Coriander lentil risotto

Grilled asparagus and haricot vert

### **Dessert**

Strawberry Eton mess

Served with our Pastry Chef's daily assiette selection

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## **Wednesday**

### **Soup**

Potato and leek

### **Salads**

Roasted red cabbage with marinated carrots and raisin vinaigrette  
Corn black bean, tomatoes, sunchoke, avocado salad,  
Spiced Peaches and pumpkin, red onion and tomato rice salad

### **Artisanal Bread, Charcuterie & Cheese Station**

Freshly baked artisanal breads including  
gluten free bread selection & a selection of fillings including  
a selection of cured meats & Irish cheeses

### **Mains**

Beef fajitas with spinach tortillas  
Grilled salmon brochettes  
Chicken parmesan pomodoro

### **Vegetables**

Mashed potatoes with roasted tomato and basil fondu  
Grilled balsamic marinated mushroom rice  
Roasted vegetable with spiced sunflower seeds

### **Dessert**

Peach cobbler  
Served with our Pastry Chef's daily assiette selection

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