



What better way to motivate, enhance team dynamics and reinforce relationships than an out of office environment, whilst enjoying some of the most beautiful scenery in Ireland.

Ireland Xtreme's themed zone at Carton House is the first of its kind in Ireland. The unique combination of onsite state of the art team building facilities and meeting rooms will make your day at Carton House truly unforgettable.

Exclusive onsite activities range from:

- Team Building with Fun Activities
- Team Building: Using activity based learning and facilitated discussion
- Altitude: Ireland's newest High and Low ropes course
- Survivor Challenge: A fun, high energy event suitable for all levels of fitness
- Duke of Leinster Challenge: Themed Irish Games
- Xtreme Forest Adventures: Treasure hunts with a difference
- Xtreme 4x4 driving
- Archery

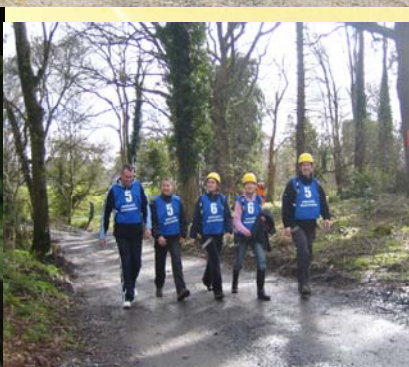
**Archery & Clay Pigeon Shooting:** This is a versatile, competitive sport where your strength and accuracy are tested to the full, and is ideal to incorporate into a Team Building or Xtreme Event. You will not be disappointed in the entertainment and satisfaction that Archery and or Clay Pigeon shooting can offer.





**Altitude Challenge:**

Ireland's newest High and Low ropes course. This ultimate company challenge is a multi-rope activity day and is suitable for groups of all sizes. It combines several unique High and low ropes challenges. Ropes Activities can include Irelands only Double Zip Line, Jacobs Ladder, High All Aboard, Flying Trapeze, Multi Vine and Jungle Zone!





### Xtreme Off road Driving:

Ireland's ultimate off road driving experience, each driver will be amazed at what our vehicles can do and will explore some of the most beautiful areas of Carton House Estate. This is off-road driving to the Xtreme!



**Blindfold Driving** - This is really a fantastic team builder and will encourage people to operate outside their "Comfort Zone" (as they are not in control and are totally dependant on their team mates)





### Team Challenges:

With Over 50 Different team challenges suitable for groups of all sizes. Ireland Xtreme has the event combination to suit all budgets and group sizes. All teambuilding days can combine several unique team building products into to a great day out. Goals can be achieved through cooperation, strategy, using wits and clear communication. Tasks can be tailored to each group to be more physically or mentally challenging!

