History of Afternoon Tea

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot of tea and a light snack, taken privately in her boudoir during the afternoon.

Afternoon Tea Menu

Afternoon Tea is available at Carton House Daily 12.30pm to 5.00pm

Dear Guests,

Should you have any other food requirements, please ask one of our servers for assistance.

Our full menu will be served in the Kitchen Bar and the Steward Room for you.
Tea Selection

**Breakfast Tea**
A traditional breakfast tea made from a blend of African & Indian single estate teas. Bright, Light, Crisp.

**Green Tea Luponde**
A single roll & single fire green tea from the Fairtrade, organic & rainforest alliance certified estate Luponde in the Livingstone Mountains, Tanzania. One of the oldest organic tea estates in the world, the climate is perfect for growing tender leaves, handpicked to bring you the highest quality single estate teas. Fresh, Crisp, Exotic

**Earl Grey Blue Flower**
Nothing could be more civilized than a cup of Earl Grey in the afternoon. A blend of the best Fairtrade and organic East African Leaf with organic Italian bergamot oil & vibrant blue organic cornflowers make this Earl Grey stunning. Delicate, Bergamot, Dry

**Whole Peppermint**
Quite possibly the best peppermint tea in the world, Whole peppermint leaves create an incredible fresh, purifying cup. Tingly, Fresh, Minty

**Chamomile**
Whole Chamomile flowers which produce a honey-golden cup Blossom, Sweet, Fragrant.

**Red Berry**
Absolutely Bursting with flavors of Fresh Berries, Fruit. Tart and Jam

Traditional Afternoon Tea

**Selection of Hand-cut Sandwiches**
- Baked Limerick Ham & Mustard
- Cream Cheese & Cucumber
- Egg Mayonnaise & Cress
- Smoked Salmon

- Freshly Baked Raisin & Plain Scones
- Clotted Cream & French Strawberry Preserve

- Assortment of Carton House Afternoon Tea pastries & cakes

**Traditional Afternoon Tea for two**  €43.00 per serving

Cream Tea

**Freshly Baked Raisin & Plain Scone**
Clotted Cream & French Strawberry Preserve

**Carton House Afternoon Tea Pastry**

**Cream Tea.**  €9.95 per person

**Add Champagne Pannier Brut**  €11.00 Glass
**Add Prosecco Massotina Frizzante**  €9.00 Glass